

Rolling Thunder®, Inc., IL Chapter #1 and the “Essence of Freedom Run”

Lost in the confusion of Memorial Day activities was our Chapter’s participation in and sponsorship of the “Essence of Freedom Run” held in Deerfield, IL.

Some of our members who did not go to the Washington DC - “Ride for Freedom” nevertheless helped in local Veteran awareness activities during Memorial Day Weekend. One such event was the “Essence of Freedom 5K/10K Run”. Al “Shadow” Miller has been and was again this year the point man coordinating our involvement. He and various Chapter members have participated in this event each year since its inception four years ago. These first three pictures are from past years of our involvement with the “Essence of Freedom Run”.

Essence Of Freedom Run 5K/10K
MEMORIAL DAY
7:45 am
Deerfield, IL.



Proceeds benefit
Supporting Our Soldiers Freedom, Inc.
Raising needed funds to support both Active Duty and Veterans who sacrifice for our freedoms.

Enjoy the rare privilege of running along side military servicemen and women!

Help honor and say “Thank You” to our troops by becoming a proud participant -

run/walk/volunteer/sponsor/cheer

Chip Timing • Goodie Bag • Race Shirt • All-American Breakfast • Medals



www.EssenceOfFreedomRun.com

Register today!
Space is limited.

Active Duty, Police and Fire run for free*

*Must be registered to receive timing chips, T-shirt and goodie bag. ID required at packet pickup.

Essence Pilates
849 Waukegan Road
Deerfield, Illinois 60015
847.607.9966 Studio Info.
847.457.4756 Race Info.

www.EssenceOfFreedomRun.com
www.SOS-Freedom.com
www.EssencePilates.com
#EssenceOfFreedomRun | @Essence-Freedom



This year (2017) Al “Shadow” Miller, Alen “Ghost” Zdralic, Rick “Cosmo” Kerr, and Alen’s fiancé, Sarah, led our participation.

The run was organized by owner, Marilee Papale Shipman and the staff of Essence Pilates located in Deerfield, IL (<http://www.essencepilates.com>). Please go to <https://www.essenceoffreedomrun.com> for further info on run. Rolling Thunder® Inc. is listed as sponsor with a link to the RT National. This run was a fund raiser for Support Our Soldiers Freedom, Inc.. Please view their website at (<https://sos-freedom.org>).



Here is an article that appeared in the Chicago Tribune that further described the event. Rolling Thunder® Inc is listed as a sponsor. Thanks to all our members who have represented us in this great event.

Memorial Day Essence of Freedom Run Breaks Records - Deerfield Review <http://www.chicagotribune.com/suburbs/deerfield/community/chi-ugc-ar...>

From the community: Memorial Day Essence of Freedom Run Breaks Records



Runners line up at the start line for the Essence of Freedom 5K/10K Run. Photography by Janelle Yeager Photography. (Posted by Janicempa, Community Contributor)

By Community Contributor Janicempa

JUNE 13, 2017, 1:24 PM

A record number 500 runners hit the streets of Deerfield on Memorial Day for the 4th Annual Essence of Freedom 5K/10K Run. The event is the largest fundraiser for Support Our Soldiers Freedom, Inc. (S.O.S. Freedom), a nonprofit that provides financial assistance to Illinois active duty military and veterans.

"Thanks to the runners, sponsors and donors we raised over \$15,000 for active duty and veterans who need financial support for with expenses that military benefits don't cover such as housing modifications and maintenance, household bills, mental health care, and transition to civilian life" said Marilee Papale Shipman, race director and S.O.S. Freedom president.

"While the majority of runners were from the Midwest, we had registrants from the Southeast, East Coast and even as far away as Ecuador," said Shipman. Runners ranged in age from seven to 84. Many became emotional and sentimental as they passed tribute signs that honored friends and loved ones.

Scott Friedlander, Deerfield, was the first 5K runner to cross the finish line with a time of 16 minutes and 59 seconds. Jeff Mousseau, Wheaton, won the overall 10K race with a time of 43 minutes and 42 seconds. Race results can be viewed at <http://results.active.com/events/essence-of-freedom-run--4>.

Prior to the race start, Rep. Brad Schneider addressed the runners and spectators and incoming Stevenson High School freshman Emmie Ginsberg sang the National Anthem. "We are grateful to everyone who supported this event and helped us

honor the true meaning of Memorial Day," said Shipman. Sponsors included:

Four Star General Sponsor: Essence Pilates

Purple Heart Sponsors: American Legion Post 738, DLG Management, B. Robert Gassman & Associates, "My DJ" Sounds and Lights, RoadRunner Sports, Upper Crust Bagels, Vedder Price

Achievement Sponsors: Janelle Yeager Photography, Michael's Chicago-Style Red Hots, Rolling Thunder, Inc., Organized Chaos Chicago

Distinguished Sponsors: Almost Home Foundation - Dog & Cat Rescue, Costco, The Dogout, Elements Massage, ENO, Highland Park Ford Lincoln, Hit 180 Fitness, Kona Grill, Lou Malnati's, Mark Trachtenberg - Clover Insurance Agency, New Balance North Shore, Optimist Club of Deerfield, The Rosenthal Family, Sam's Club, Sunset Foods, Two Brothers Brewing, Vineyard Vines

To learn more about SOS Freedom and support its efforts, go to <https://sos-freedom.org>.

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